Welcome To The Family Bible Study 9:45 to 10:45 a.m. "Matthew 24 & 25" Right Front Frani Smith Chapel Ed & Sandra Haynes Pastor's Office Mark Toenies Closed

Better Living Center Presiding Elder Doug Dietrich Presiding Deacon Phil Siedk Worship Leader Tina Holland Organ Jonette Reed Pianist Lymy Beth Toenies P.A. Greg Jordan & Rory Jordan Greeters Dan & Tamera Wilbanks, Dorothy Aldred Flowers

Reader Board Ron Miller

We welcome each of you to our Sabbath services today. If you are a guest, please join us at our church fellowship dinner following our worship service. Our members invite you to enjoy good food and fellowship in the Better Living Center located directly behind the worship service. Our members invite you to enjoy good food and fellowship in the Better Living Center located directly behind the worship service. We welcome each of you to our Sabbath services today. If you are a guest, please join us at our church fellowship dinner following our worship service. Our members invite you to enjoy good food and fellowship in the Better Living Center located directly behind the worship service.

The Fellowship Meal today will be an “All Host” Meal.

Prayer Thought: Who’s the Enemy? Be self-controlled and alert. Our enemy the devil prowls around like a roaring lion looking for someone to devour. 1 Peter 5:8

"Remember who your problem person really is. Because Christians have, in fact, only one enemy. The Enemy is not your spouse. It’s not your children or your friends. The Devil is your only enemy.

Remember who your support person is. Jesus Christ is your help and shield." Diamonds in the Dust, May 18, Jone Eareckson Tada

Sabbath Ends - 8:34PM Sabbath Starts - 8:40PM

Today, May 19 
9:30 a.m. — Dr. Eddie Ramirez - Your Lifestyle Changes Your Genes 
11:00 a.m. — Dr. Eddie Ramirez - Intimacy and Your Health 
2:00 p.m. — Dr. Eddie Ramirez - Neuroplasticity: The Brain Changes

Tomorrow, May 20 
8:30 a.m. — Men’s Prayer Breakfast – Better Living Center 
10:30 a.m. — Monthly Birthday Brunch – Lighthouse Café – Umqua

Total Health Improvement Program Classes (THIP) are held on Wednesdays at 2:00PM and on Thursdays at 5:30PM. Sessions go for 12 weeks. Dr. Ross will be here on the first Sunday of every month, except holidays, from 1:30PM to 5:00PM. He will be holding classes for new participants and those who have already attended THIP classes. For more information please contact Dr. Charlie Ross at 541-680-0381 or caretaoasso@jpm.com. There is now a website which also has all the class information allowing people to take the class from home. The website is: http://www.roseburg.thipclass.com.

Please Note: Volleyball has been changed to Monday nights at 7:00PM.

Monday Bible Study — May 21 - 10:00 a.m. — Better Living Center 
This study is being used from the book: "Christ Our Righteousness" by Bill Lehman. All are invited to come.

Women's Ministry Craft Time — May 21 - 12:30 p.m. — Better Living Center 
Women’s Ministry invites you to bring your favorite craft and spend time working on your craft projects. Please invite your friends to come with you. Meet in the Better Living Center after Bible study on Mondays.

Evening Bible Study — May 21 - 5:30 p.m. — Better Living Center 
There will be a Whole-Hearted Plant Based soup followed by a Bible Study. Discover Total Health answers from the Bible. We will be following the study guides from truthlink.org. Whether you are an experienced Bible student or not we promise a blessed time of fellowship and study together.

Contact the church office for more details.

Church Board Meeting — May 22 - 7:00 p.m. — Better Living Center 

Vacation Bible School — June 25-29 - 1:00-4:00 p.m. — Roseburg Jr. Academy 
If you would like to help, please contact Margie at 541-673-4864 or 541-634-1650.

Southern Oregon Christian Women’s Retreat – June 1-3 — Milo Academy 
Cheri Gatton the Idaho Conference Women’s Ministry leader will be the Keynote Speaker. "Fan Your Flame" is the theme for the retreat. It is based on 2 Timothy 1:9-12. God’s people are getting ready for home and there are still more souls to be saved. "Rage of Love Outreach Program". This outreach program is dear to our hearts and we have chosen this several years in a row because it makes a great impact in a much needed area. This small gift can make a big difference for a child who has been removed from their family. PLEASE JOIN US IN MAKING A DIFFERENCE THIS YEAR, there will be a pink basket in the foyer to put your gifts. Please see the insert in the bulletin for items needed. Items must be turned in by May 26. Do not wrap your gifts. Thank you for supporting this program.

First Friday for June will be June 1 at 7:15 p.m. at Adventist Health Portland Medical Center. First Fridays are a time of music and spiritual fellowship. Praise and worship will be by the ROC. Fellowship praise band and an inspirational message will be given by Dr. Ken Pan. Registration for the free June First Friday soup and salad dinner will open on May 21 and will be open through May 30. Reserve your spot! Registration is on a first-come, first-served basis and each dinner guest must register separately. Soup and salad will be served from 5:30-6:30 p.m. on June 1.

GLOW OUTREACH - What if there was a simple way for every believer to share the message of hope and a future in Jesus? Join us May 26 at 2 p.m., we have 100 Glow Tracts that we want to pass out to spread God's love and blanket our city of Roseburg.

School Prayer Walk: June 2nd, 2 p.m. 
You are invited to join us in a prayer walk for Roseburg Junior Academy (RJA). We will meet at the front school entrance for a brief time together for instructions and to open in prayer, then walk around the campus praying for our school.

We’re adapting! That’s right, our Children Sabbath School classes are adapting a missionary from Ebeye this quarter. Her name is Elisa. We are inviting all adult classes to join us adopting Elisa. For the next 5 weeks we will be sending letters of encouragement to Elisa and plan to send her a care package by the end of June. Stay tuned to hear all about our missionary, Elisa.

Atención- Vida Mejor TV celebrara su primer campestre Hispano el 8 y 9 de Junio en la academia de Milo. Habil con el pastor Tony su esposa para mas detalles.

John and Ramona Lee want to express their gratitude for all the prayers, cards and thoughts for their son. John is still in need of prayer. However, he is in the path to recover for the glory of God.

If you know a student graduating from the 8th grade, high school or college, please call the church office (541-672-1542) and let the secretary know, and we will be announcing their names in the church bulletin. Thank you!

Congratulations to the graduating Class of 2018: Cornell Lee School – Philip Duclos graduated with a JD/LLM degree.

Milo Academy - Haylee Holland

Pathfinder Happenings: 
May 20 Pathfinder Fair – Salem OR 
May 23 – 7:00 PM — Last Pathfinder Meeting – RJA 

Roseburg Junior Academy Happenings: 
Every Tuesday in May, “Reading in the Rain-forest” continues! The RJA Kindergarten class would like to invite all 3-4 year olds & a parent to join us for story time from 10-11am! There will be stories, crafts and snacks plus an opportunity to meet our wonderful teacher Mrs. Isonson. See you there! Check out www.evembrace.com for more info about this and other RJA events! Enter “Roseburg, OR” for our area, then scroll down to find our school events!

May 22 – 9:00 a.m. 3 Mile Run 
May 22 – ½ Day School – Dismissal is at 12:45 p.m. 
May 23 – 6:30PM Open House Night 
May 6 – 6:30PM Spring Concert – RJGA Gym 
June 14 – 7:00PM 8th Grade Graduation – RJA Gym 

Fred Meyer Rewards Program is working! Fred Meyer reported to us that 14 of you wonderful supporters, who shopped at Fred Meyer between 1-1-2018 and 3-31-2018 have tallied up reward donations for us totaling $343.83. Thank you so much for your continued support by shopping at our local Fred Meyer store. We want to encourage everyone that hasn’t signup to go to www.fredmeyer.com/communityview and link your rewards to our school, “Roseburg Junior Academy”. Enter the number 83975 when prompted, or come by the school office and pick up a form. This will not touch your usual rewards points, everything remains the same, Fred Meyer simply gives us the same points as you get. The more you shop the more you earn for RJA.

Sutherlin SDA Church Happenings: 
May 15 - Creation vs. Evolution – 7:00PM Sabbath, May 19 - 9:15 a.m., 10:50 a.m., 10:45 a.m. then Potluck and more Mitzis. At 2:00PM, 3:15PM and 4:15PM. The speaker is Leonard Brand. He is a professor at Loma Linda University.
Church at Worship

11:00 am

Prelude
Lymy Beth Toenies

Welcome & Announcements
Pr. Tony Rodriguez, Jr.

Worship in Music
When Jesus Shall Gather the Nations
Power Point
No. 538

Hymn of Praise
God of Our Fathers Whose Almighty Hand
Power Point

Invocation
Keith Leavitt

Joy in Giving
Franci Smith

Local Church Budget

Offertory
Church Choir

Children’s Story
Noreen Strout

Scripture Reading
3 John 2
Donna Leavitt

Prayer
Doug Dietrich

Special Music
Church Choir

Sermon
Dr. Eddie Ramirez
“Intimacy and Your Health”

Hymn of Dedication
Standing on the Promises
No. 518

Benediction
Dr. Eddie Ramirez

Postlude
Lymy Beth Toenies

Church Calendar

Sabbath, May 19
Library Open – Teen Room
Dr. Ramirez – Neuroplasticity: The Brain Changed

Sunday, May 20
Men’s Prayer Breakfast
8:30 a.m.
Monthly Birthday Brunch – Lighthouse Café – Umpqua
10:30 a.m.
Pathfinder Fair – Salem OR
5:30 p.m.
Plant Based Potluck & Bible Study – BLC
7:00PM
Volleyball – Roseburg Junior Academy

Monday, May 21
Bible Study – Better Living Center
10:00 a.m.
Craft Circle – Better Living Center
12:30 p.m.
Plant Based Potluck & Bible Study – BLC
5:30 p.m.
Church Board Meeting – Better Living Center
7:00PM

Tuesday, May 22
Community Services is Open
10:00 a.m.
Choir Practice – Better Living Center
5:30 p.m.
Pathfinders – RJA
7:00 p.m.
Prayer Meeting – Chapel

Wednesday, May 23
THIP Program – Better Living Center
2:00 p.m.
Orchestra Practice – Sanctuary
5:30 p.m.
Pathfinders – RJA
7:00 p.m.

Thursday, May 24
THIP Program – Better Living Center
5:30PM

Friday, May 25
Welcome to the Family – Lorene Dahl
Pastor Tony Rodriguez Jr.
406-772-2755
Church Office
541-672-1542
Office Hours – Monday – Thursday from 8:00 am to Noon
Mailing Address – 1109 NW Garden Valley Blvd, Roseburg OR 97471
Church Email
sda@douglasfast.net
Web page: www.roseburgsda.org or www.betterlifesda.org
Newsletter:
newsletter@roseburgsda.net
Call Mary Ann Hakas – 541-817-7649
or Rhonda Parker (541-957-5915)

Prayer Requests
Call Mary Ann Hakas – 541-817-7649
or Rhonda Parker (541-957-5915)

Roseburg
Seventh-day Adventist Church
May 19, 2018

“Everyone then who hears these words of mine and does them will be like a wise man who built his house upon the rock.”
-Matthew 7:24